



Lewis County

WIC Facts: FFY 2004

Infants Born Served by WIC

County.....66.1%
Statewide.....48.6%

Women, Infants and Children Served

Total: 4,052

Infants and
children under 5.....2,952

Pregnant,
breastfeeding and
postpartum women.....1,100

WIC Food Dollar Contribution to Local Economy

WIC Program Food Dollars
\$1,565,272

WIC Farmers Market
Nutrition Program
Food Dollars
\$0

WIC Families

Working families.....59.7%
WIC households with at least one working family member

Families living in poverty.....74.2%
Percent of WIC clients with income at or below the federal
poverty level (\$1,307 per month for a family of 3)

WIC Nutrition Education Promotes Healthy Choices

Total nutrition education sessions.....10,468

WIC nutrition education:

- Emphasizes healthy lifestyle habits so families can eat better and stay active now to prevent obesity and other chronic diseases later in life.
- Promotes breastfeeding for the first year of life. And, with the breast pump loan program, helps mothers continue to breastfeed after returning to work or school.
- Helps prevent early childhood caries by screening for early signs of poor oral health, giving parents ideas for healthy snacks and stressing the importance of dental care by age one.



WIC Attracts Families to Preventive Health Services

WIC referrals.....15,759

WIC informs families about health related services and provides them with the information and support needed to access them successfully.

* Maternity Support Services

Lewis County

WIC Agencies and Sites

Lewis County Public Health

Chehalis
Morton
Mossyrock
Packwood
Pe Ell
Randle
Toledo
Winlock

WIC Authorized Grocery Stores

Bailey's IGA - Morton
Blanton's Market
Brenda's Country Market
Cedar Village IGA
Chehalis Shop-n-Kart
Fischer's Shopping Center, Inc.

Fullers Market Place
Morton's Country Market
Safeway
Smith & Son Grocery
Toledo Red Apple
Wal-Mart Supercenter

WIC Authorized Farmers Markets